



COURAGE WEEK 2 RUN SHEET

TEAM HUDDLE ROUND 1

Say hi to your team!

Share your highs and lows from the week

Have you ever been sick for a really long time?

GAME

Minute to win it!

Join in for today's challenge and verse the other team!

Drop ping pong balls into a cup - get 3 in within a minute!

WATCH JREV TOGETHER!

Encourage your team to sit with you and talk through the content as you go!

When it's memory verse time, encourage your team to copy along with you.

TEAM HUDDLE ROUND 2

What do you hate the most about being sick?

Who can help you out when you're sick?

What did the lady from today's story need Jesus to help her with?

How did Jesus help her?

What is resilience? How was the lady in this story resilient?

What do you need to be brave and ask Jesus for help with?

Pray and talk to Jesus!